



Using Flexible Spending Accounts (FSA) for Breastfeeding Essentials



What is FSA?

Flexible Spending Accounts (FSA) allow you to designate a portion of your paycheck to cover certain types of out-of-pocket health care expenses ¹. You can use your FSA funds for breastfeeding products, including breastpumps, breastfeeding accessories, and breastpump spare parts pre-tax².

FAQ's:

What exactly does an FSA plan cover?

You should consult with your account provider with any questions regarding what expenses your plan covers.

What if I cannot transact FSA funds in-store?

Many providers will allow members to pay out of pocket for the eligible expense and be reimbursed. You should keep your receipt and consult with your FSA provider in regards to reimbursement.

¹Using a Flexible Spending Account (FSA). (n.d) Retrieved from HealthCare.gov https://www.healthcare.gov/can-i-use a-flexible-spending-account-fsa/ ² IRS Publication 502 "Medical and Dental Expenses" released February 2011.